

Race Date
October 26, 2019

Best Dam 5K in North Carolina
Overall Finish List

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Matt Longworth	Covfefe NC	128	38	M	1: Open	17:45.2	5:44/M
2	Treece Lassiter	Albemarle NC	105	17	M	2: Open	21:41.7	7:00/M
3	Jay Lassiter	Albemarle NC	104	17	M	3: Open	21:42.5	7:00/M
4	Wesley Rodgers	Albemarle NC	102	14	M	1: 1-14	21:56.4	7:05/M
5	Logan Aldridge		157	15	M	1: 15-19	22:53.6	7:23/M
6	Jamie Gambrell	Kannapolis NC	140	41	M	1: 40-49	23:06.6	7:27/M
7	Allen Pope	Locust NC	161	26	M	1: 20-29	23:43.3	7:39/M
8	Jennifer Hesley	Albemarle NC	113	34	F	1: Open	23:45.1	7:40/M
9	Alexis Capps	Ellerbe NC	1	33	F	2: Open	23:48.5	7:41/M
10	Andy Hager	Albemarle NC	18	44	M	2: 40-49	23:54.5	7:43/M
11	Bill Cornwell	Harrisburg NC	131	60	M	1: 60-69	24:00.0	7:45/M
12	David Lowder	Albemarle NC	40	50	M	1: 50-59	24:03.7	7:45/M
13	Michael Walsh	Cary NC	109	52	M	2: 50-59	24:33.6	7:55/M
14	Michael Griffin	Albemarle	25	49	M	3: 40-49	25:12.5	8:08/M
15	Bradley Smith	New London NC	47	33	M	1: 30-39	25:26.3	8:12/M
16	Matthew Blanchard	Midland NC	152	39	M	2: 30-39	25:40.8	8:17/M
17	Jeff Love	Albemarle	52	58	M	3: 50-59	25:41.3	8:17/M
18	Kate Gibson	Albemarle NC	76	40	F	3: Open	25:44.4	8:18/M
19	Jackson Blanchard		154	10	M	2: 1-14	25:52.3	8:21/M
20	Taylor Johnston	Albemarle NC	151	35	M	3: 30-39	26:05.0	8:25/M
21	Caleb Lemons	Albemarle NC	144	13	M	3: 1-14	26:06.5	8:25/M
22	Jenna Freeman	Albemarle NC	83	16	F	1: 15-19	26:08.1	8:26/M
23	Reid Rutzler	New London NC	148	13	M	4: 1-14	26:08.5	8:26/M
24	Sean Pickler	New London NC	43	32	M	4: 30-39	26:22.3	8:30/M
25	Derrick Almond	Norwood NC	116	34	M	5: 30-39	26:24.1	8:31/M
26	Christy Pickler	New London NC	158	31	F	1: 30-39	26:38.1	8:35/M
27	Gia Dunlap	New London NC	147	13	F	1: 1-14	26:41.1	8:36/M
28	Thomas Lipe	Richfield NC	121	61	M	2: 60-69	27:05.7	8:44/M
29	Mark Hinkle	Lexington NC	87	63	M	3: 60-69	27:06.0	8:45/M
30	Steven Yost	Mount Pleasant NC	15	46	M	4: 40-49	27:38.2	8:55/M
31	Kim Walker	Troy NC	134	52	F	1: 50-59	27:51.6	8:59/M
32	Ben Burns	New London NC	85	19	M	2: 15-19	27:52.1	8:59/M
33	Jeffrey Print	Hilliard OH	141	57	M	4: 50-59	28:01.5	9:02/M
34	Erika Carrasco	Charlotte NC	36	28	F	1: 20-29	28:05.5	9:04/M
35	David Carrasco	Charlotte NC	37	31	M	6: 30-39	28:52.5	9:19/M
36	Jeremy Belk	Albemarle NC	137	50	M	5: 50-59	29:14.4	9:26/M
37	Evan St John	Albemarle NC	27	54	M	6: 50-59	29:27.1	9:30/M
38	Suzanne Brickner	Concord NC	73	55	F	2: 50-59	29:28.3	9:30/M
39	Peyton McKenzie	Albemarle NC	22	10	M	5: 1-14	29:48.2	9:37/M
40	Carrie Honeycutt	Albemarle NC	21	37	F	2: 30-39	29:51.6	9:38/M
41	Brian Freeman	Albemarle NC	82	48	M	5: 40-49	29:53.0	9:38/M
42	Renee Dunlap	Seagrove NC	28	45	F	1: 40-49	30:07.9	9:43/M
43	Steve Ball	Locust NC	162	47	M	6: 40-49	30:20.7	9:47/M
44	Laura Burns	New London NC	84	49	F	2: 40-49	30:24.6	9:48/M
45	Tiffany Jones	Norwood NC	129	38	F	3: 30-39	30:37.1	9:53/M
46	Tim Bennett	Albemarle NC	38	59	M	7: 50-59	30:42.4	9:54/M
47	Dennis Pope	Concord NC	86	53	M	8: 50-59	31:02.4	10:01/M

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48	James Cameron	Indian Trail NC	35	54	M	9: 50-59	31:07.8	10:02/M
49	Joey Collins	Mount Gilead NC	8	53	M	10: 50-59	31:23.6	10:07/M
50	Thomas Hahn		156	35	F	4: 30-39	31:48.9	10:15/M
51	Tanner Lowder	Badin NC	114	16	M	3: 15-19	31:57.2	10:18/M
52	Gary Tyson	Albemarle	111	42	M	7: 40-49	32:03.7	10:20/M
53	Liz Witte	Concord NC	60	44	F	3: 40-49	32:36.6	10:31/M
54	Trish Lowder	Albemarle NC	59	48	F	4: 40-49	32:39.1	10:32/M
55	Sidney Staley	Denton NC	5	8	M	6: 1-14	32:50.8	10:35/M
56	Melanie Staley	Denton NC	4	46	F	5: 40-49	32:51.6	10:36/M
57	Lisa Anstey	Harrisburg NC	54	55	F	3: 50-59	33:05.1	10:40/M
58	Chris Fish	Stanfield NC	91	60	M	4: 60-69	33:07.1	10:41/M
59	William Barfield	Albemarle NC	138	13	M	7: 1-14	33:13.1	10:43/M
60	Doug Cope	Lexington NC	126	57	M	11: 50-59	33:21.6	10:45/M
61	Brandon Poplin	Charlotte NC	149	29	M	2: 20-29	33:22.8	10:46/M
62	Michael Smith	Bloomington IN	123	45	M	8: 40-49	33:27.8	10:47/M
63	Rebecca Poplin	Bloomington IN	33	37	F	5: 30-39	33:28.2	10:48/M
64	Kim Cope	Lexington NC	127	57	F	4: 50-59	33:44.4	10:53/M
65	Kelly Franklin	Norwood NC	66	50	F	5: 50-59	33:46.7	10:54/M
66	Susan Caudle	Albemarle NC	58	48	F	6: 40-49	33:49.1	10:55/M
67	Kodi Austin	Norwood NC	6	28	F	2: 20-29	33:57.0	10:57/M
68	Pamela Johnson	Polkton NC	70	57	F	6: 50-59	34:14.4	11:03/M
69	Derrick Smith	Badin NC	132	39	M	7: 30-39	34:39.7	11:11/M
70	Carroll Lee	Norwood NC	26	47	F	7: 40-49	34:49.5	11:14/M
71	Megan Culp	Albemarle NC	108	24	F	3: 20-29	34:56.1	11:16/M
72	John Sanders	Albemarle NC	56	33	M	8: 30-39	35:04.5	11:19/M
73	Chris Poplin	Albemarle NC	150	55	M	12: 50-59	35:04.9	11:19/M
74	Lena Witte	Concord NC	61	15	F	2: 15-19	35:07.4	11:20/M
75	Amber Glover	Eagle Springs NC	17	30	F	6: 30-39	35:10.7	11:21/M
76	Terri West	Albemarle NC	63	50	F	7: 50-59	35:20.6	11:24/M
77	Tina Ball		163	47	F	8: 40-49	35:27.5	11:26/M
78	Tripp Hatley	Polkton NC	139	37	M	9: 30-39	35:27.8	11:26/M
79	Marjorie Holloway	Rockwell NC	20	39	F	7: 30-39	35:32.5	11:28/M
80	Dave Stanford	Badin NC	142	63	M	5: 60-69	35:46.1	11:32/M
81	Haydee Brown	Mount Gilead NC	42	42	F	9: 40-49	35:57.5	11:36/M
82	Vanessa Roesler	Polkton NC	160	56	F	8: 50-59	35:57.9	11:36/M
83	Jade Barringer	Oakboro NC	120	36	F	8: 30-39	36:42.0	11:50/M
84	Lauren Graves	Albemarle NC	164	36	F	9: 30-39	36:42.4	11:50/M
85	Lily Hager	Albemarle NC	97	16	F	3: 15-19	36:43.4	11:51/M
86	Michael Lanier	Albemarle NC	80	49	M	9: 40-49	36:44.2	11:51/M
87	Malichi Blanchard	Midland NC	155	8	M	8: 1-14	36:47.3	11:52/M
88	Anne Lipe	Richfield NC	122	68	F	1: 60-69	36:47.6	11:52/M
89	Jessica Blanchard	Midland NC	153	38	F	10: 30-39	36:48.1	11:52/M
90	Steven Tysinger	Denton NC	133	42	M	10: 40-49	37:04.0	11:57/M
91	Carol Sullivan	New London NC	31	64	F	2: 60-69	37:14.1	12:01/M
92	Danielle Almond	Norwood NC	117	33	F	11: 30-39	37:15.2	12:01/M
93	Beverly Larue	Albemarle NC	79	48	F	10: 40-49	37:24.9	12:04/M
94	Susan Moore	Woodleaf NC	49	56	F	9: 50-59	37:26.7	12:05/M

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95	Eric Jones	Norwood NC	130	34	M	10: 30-39	37:56.0	12:14/M
96	Angie Bennett	Albemarle NC	39	59	F	10: 50-59	38:00.5	12:15/M
97	Addysen Culp	Albemarle NC	146	11	F	2: 1-14	38:01.6	12:16/M
98	Sarah Huneycutt	Albemarle NC	159	36	F	12: 30-39	38:02.8	12:16/M
99	Marina Hill	Albemarle NC	41	50	F	11: 50-59	38:04.5	12:17/M
100	Maegan Sloan	Locust NC	19	28	F	4: 20-29	38:11.0	12:19/M
101	Terri Shaffer	Kannapolis NC	103	60	F	3: 60-69	38:19.8	12:22/M
102	Janet Lee	Troy NC	16	63	F	4: 60-69	38:20.1	12:22/M
103	Victoria Heater	Kannapolis NC	32	47	F	11: 40-49	38:36.4	12:27/M
104	Tammie Langley	Kannapolis NC	29	46	F	12: 40-49	38:36.7	12:27/M
105	Denise Walsh	Cary NC	110	50	F	12: 50-59	39:07.4	12:37/M
106	Phillip Poplin	Albemarle	136	60	M	6: 60-69	39:51.4	12:51/M
107	Terry Bryan	New London NC	125	54	F	13: 50-59	40:39.0	13:07/M
108	Ken Hogue	New London NC	124	53	M	13: 50-59	40:39.3	13:07/M
109	Becki Hartsell	Albemarle NC	75	52	F	14: 50-59	41:06.5	13:15/M
110	Dakota Beachum	Norwood NC	50	27	F	5: 20-29	41:06.9	13:15/M
111	Cindy Fish	Stanfield NC	90	57	F	15: 50-59	41:37.3	13:25/M
112	Rebecca Hinkle	Lexington NC	88	63	F	5: 60-69	42:02.7	13:34/M
113	Gail Staley	Denton NC	67	64	F	6: 60-69	42:03.4	13:34/M
114	Laura Rodgers	Albemarle NC	101	45	F	13: 40-49	44:47.7	14:27/M
115	Jackie Desantis	Albemarle NC	71	57	F	16: 50-59	44:56.6	14:30/M
116	Shelly Lee	Albemarle NC	72	34	F	13: 30-39	45:10.3	14:34/M
117	John Lanier	Albemarle NC	106	54	M	14: 50-59	45:33.3	14:42/M
118	Claudia Gresham	Albemarle NC	107	53	F	17: 50-59	45:33.6	14:42/M
119	Guy Roberts	Richfield NC	89	64	M	7: 60-69	46:44.1	15:05/M
120	Joe Gibbs	Albemarle NC	14	57	M	15: 50-59	47:07.7	15:12/M
121	Sara Kull	Concord NC	64	36	F	14: 30-39	47:37.9	15:22/M
122	Lindsey Turner	Concord NC	48	33	F	15: 30-39	47:38.3	15:22/M
123	Doug Hume	Albemarle NC	92	50	M	16: 50-59	48:19.5	15:35/M
124	Robyn Gail Richardson	Kannapolis NC	7	48	F	14: 40-49	48:44.9	15:43/M
125	Banet Kerley	Hiddenite NC	2	49	F	15: 40-49	48:45.4	15:44/M
126	Kerry Hood	Troy NC	95	34	F	16: 30-39	49:38.1	16:01/M
127	Melanie Pigford	Troy NC	94	46	F	16: 40-49	49:38.6	16:01/M
128	William Moss	Salisbury NC	81	57	M	17: 50-59	51:14.7	16:32/M
129	Amanda Jones	Albemarle NC	10	52	F	18: 50-59	51:15.1	16:32/M
130	Wendy Griffin	Albemarle NC	24	53	F	19: 50-59	52:14.2	16:51/M
131	Shelli Yelton	Richfield NC	118	45	F	17: 40-49	52:41.9	17:00/M
132	Ivy Deaton	Mount Pleasant NC	13	50	F	20: 50-59	53:55.6	17:24/M
133	Nancy Hinson	Troy NC	112	73	F	1: 70-99	55:09.4	17:47/M
134	Zephaniah Beachum	Norwood NC	51	10	M	9: 1-14	57:05.6	18:25/M
135	Jerry Hager	Albemarle NC	98	75	M	1: 70-99	1:17:28.6	24:59/M
136	Judy Hager	Albemarle NC	99	74	F	2: 70-99	1:17:38.6	25:03/M
137	Blanche Trogdon	Albemarle NC	143	74	F	3: 70-99	1:17:38.9	25:03/M
DNF	Amy Alley	Albemarle NC	3	36	F	: 30-39		
DNF	Susan Blalock	Albemarle NC	9	60	F	: 60-69		
DNF	Jason Britney	Albemarle NC	23	48	M	: 40-49		
DNF	Christine Broadway	Winston Salem NC	69	31	F	: 30-39		

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DNF	Chelsea Dill	Albemarle NC	119	31	F	: 30-39		
DNF	Abby Floyd	Monroe NC	78	17	F	: 15-19		
DNF	Katherine Freeman	New London NC	45	29	F	: 20-29		
DNF	Michael Glover	Eagle Springseagle	55	41	M	: 40-49		
DNF	Andrew Hager	Albemarle NC	96	8	M	: 1-14		
DNF	Joan McCollum	Locust NC	12	75	F	: 70-99		
DNF	Keely McConkey	Denton NC	135	50	F	: 50-59		
DNF	Elizabeth McDevitt	New London NC	77	34	F	: 30-39		
DNF	Sherri Moore	New London NC	115	47	F	: 40-49		
DNF	Jeffrey Poplin	New London NC	46	32	M	: 30-39		
DNF	Barbara Roberts	Richfield NC	100	65	F	: 60-69		
DNF	Emily Russell	Marshville NC	65	36	F	: 30-39		
DNF	Bonnie Sammons	Rockwell NC	34	35	F	: 30-39		
DNF	Savannah Sanders	Albemarle	53	22	F	: 20-29		
DNF	Kasey Smith	Badin NC	145	15	M	: 15-19		
DNF	Sidney Staley	Denton NC	68	65	M	: 60-69		
DNF	Lawrence Sullivan	New London NC	30	66	M	: 60-69		
DNF	Mary Sycuro	Locust NC	11	69	F	: 60-69		
DNF	Garry Wedt	Albemarle NC	93	51	M	: 50-59		
DNF	Jan Wheeler	Albemarle NC	74	54	F	: 50-59		
DNF	Toby Witte	Concord NC	62	44	M	: 40-49		
DNF	Kenny Wright	Waxhaw NC	57	57	M	: 50-59		